



Lead your healthiest life.

It's not easy to make lasting improvements in your diet and health. We get it. That's why we worked with a team of nutrition, clinical, and digital experts to create **MedEmpower Fuel**. Based on the latest science and your individual goals, MedEmpower Fuel educates, motivates, and empowers you to build healthy habits in a simple and rewarding way.











Health tracking made easy.

Track your food, activity, biometrics, sleep, and more. Sync with 30+ apps and devices.

Better menu options.

View nutritional information for 800+ restaurants and get healthier recipes in an instant.

Personalized nutrition.

Simple and personal meal planning to help you lose weight and manage your overall health.

Your health goals, your journey.

Backed by behavioral science, Fuel has rewarding and fun ways to build healthy habits.

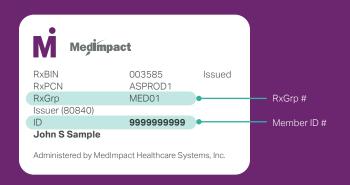
Log meals in a snap.

Take a picture of your meal and the app's Al-driven technology will log it and give you nutritional insights.

Download the app today!

Available for iOS and Android. Scan the QR code to download and then register using the information as it appears on your prescription benefit member ID card including your name, date of birth, member ID number, and RxGrp number.





Medimpact

MedEmpower Fuel is included with your pharmacy benefits and available to you at no cost through your pharmacy benefit manager, MedImpact.

MyTruAdvantage has HMO and PPO plans with a Medicare contract. Enrollment in MyTruAdvantage depends on contract renewal. MyTruAdvantage complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Y0150 4012 SM0686 M