



Benefits of 90-day Refills.


Easy. Convenient. Options. Affordable. Save.

Never be without your medication

Get prescription maintenance drugs in a 90-day supply (rather than a 30-day supply) and save on your drug copay. For maintenance medications, if you fill more than two 30-day supplies you will pay a 50% additional copay for your medication.

Maintenance medications treat long-term chronic conditions. If you're regularly taking maintenance medications, such as those for high blood pressure, cholesterol or diabetes, then 90-day supplies may be a convenient and cost-effective option for you.

We coordinate with your doctor to deliver comprehensive pharmacy services, ensuring you get the individual support you need.

 **Use an in-network pharmacy, including Birdi Mail Order Pharmacy**



Birdi is a fully accredited mail order pharmacy focused on customer care and service.

Remember, you can use your HSA or FSA funds to cover your medication costs!

Questions about your pharmacy benefits? Birdi is here to help! Call us at (866) 909-5170.

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MyTruAdvantage has HMO and PPO plans with a Medicare contract. Enrollment in MyTruAdvantage depends on contract renewal. MyTruAdvantage complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1.844.425.4280 (TTY: 711). 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1.844.425.4280 (TTY: 711) Y0150_4010_PBM274_C

Change 30-day to 90-day refills

Ask your doctor to write a new 90-day prescription for any maintenance drugs, then decide to fill by mail order or at a Rx retail location.



Fill at a retail in-network pharmacy. Find participating pharmacies at [Birdirx.com](https://www.birdirx.com)

OR



Register for Birdi Pharmacy using the consumer portal located at [Birdirx.com](https://www.birdirx.com) or by calling the Birdi Patient Care Center at **(866) 909-5170 (TTY 711)**.



Ask your doctor to send a new prescription to Birdi using this number: **NCPDP 23-72528**



Call our Patient Care Center at (866) 909-5170 (TTY 711).
Birdi Patient Care Center
Hours of Operation
Mon - Fri 8 am-8 pm ET
Saturday 9 am-5 pm ET
Sunday Closed