



Over-the-counter List

MyTruAdvantage Health Plans

How to use your card in-store

- The following page includes a list of over-thecounter (OTC) items available for in-store purchase. This is not a full list.
- Use your MyTruCard when making OTC purchases. Be careful to only charge up to your current account balance on your card. If you exceed your current account balance your transaction will not process. Call 1-888-855-1388 at any time to check your balance.
- The MyTruCard is accepted at big box retailers like Wal-Mart and Target, as well as most local pharmacies.
- Your MyTruCard will be accepted in-store more widely when purchasing brand name items versus generic items.

- Don't see an item on the in-store list? There are certain OTC items (such as vitamins and supplements) that are available exclusively in MyTruAdvantage's online OTC website and catalog order form. More information concerning the online store and catalog can be found at MyTruAdvantageOTC.com.
- Have you paid out-of-pocket for an item you think should be covered? If so, you can request to be reimbursed for any eligible expenses that weren't covered by your MyTruCard. To do so, save your receipt and call 1-844-425-4280 to request a Reimbursement Request Form.

In-Store Covered OTC Items:

Your MyTruCard will be accepted in-store more widely when purchasing brand name items versus generic items.

Acne treatment: Clearasil, OXY.

Allergy and antihistamines: Alavert, Allegra, Ayr, Benadryl, Claritin, Flonase, Sudafed, Zyrtec.

Analgesics and antipyretics (pain relievers):
Aspercreme, Aspirin, Advil, Aleve, Ben-Gay, Icy Hot, Midol, Tylenol.

Antacids and acid reducers: Gas-X, Maalox, Phillips Milk of Magnesia, Mylanta, Omeprazole**, Pepcid AC, Prilosec, Tagamet HB, Tums, Zantac.

Anti-arthritic: Glucosamine Joint/Muscle, glucosamine/chondroitin.

Antibiotics (topical): Bacitracin, Neosporin, triple antibiotic ointment.

Anticandidal (yeast): Lotrimin**, Miconazole 3-Day Treatment, Monistat, Vagisil.

Anti-diarrheal and laxatives: Dulcolax, Ex-Lax, Imodium, Kaopectate, Loperamide HCL**, Miralax, Normalyte, Pepto-Bismol, Senna Plus.

Anti-fungal: Lamisil, Lotrimin, Terbinafine HCL.

Anti-gas: Gas-X, Phazyme.

Anti-itch lotions and creams: Caladryl, Calamine, Cortaid, hydrocortisone, Sarna.

Antiparasitic treatments: Nix, Rid, lice treatments.

Antiseptics and wound cleansers: Betadine, Epsom salt, Hibiclens, peroxide, rubbing alcohol.

Cough: Advil Cold and Sinus, Afrin, Alka-Seltzer Cold and Flu, Aleve Cold and Sinus, Cepacol, Cold-Eeze, Dayquil, Diabetic Tussin, Halls cough drops, nasal sprays, Nyquil, Robitussin, Theraflu, Triaminic, Tylenol Cold and Flu, Vicks, Vicks Vapor Rub, Zicam.

Cold sore remedies: Abreva, Herpecin, Orajel.

Contact lens supplies: cleaning and soaking solutions.

COVID-19 related items: 3M Daily Face Mask, Germ-X, home test kits, Purell.

Dental and denture care: Anbesol, Benzodent, Fixodent, Orajel, Poligrip.

Ear care: Debrox, medicated ear drops, Similasan.

Eye care: Artificial Tears, Clear Eyes Drops, Refresh Tears, Visine.

Fiber supplements: Benefiber, Fibercon, Metamucil.

First aid burn remedies: Dermoplast, Solarcaine.

First aid dressings and supplies: 3M Nexcare*, Band Aid*, J&J First Aid, Simply Saline Wound Wash.

First aid wound and skin protectants: Aquaphor healing ointment, Bactine, Vaseline Healing Petroleum Jelly.

Foot care: corn and callus treatments, wart removers.

Hemorrhoidal: Preparation H, Tucks.

Incontinence supplies: diapers, pads, A&D Ointment, barrier cream, incontinence briefs, under pads.

Motion sickness: Dramamine, Bonine.

Skin treatments: Dermarest Eczema, Psoriasin.

Sleep aids: Nytol, Sominex, Tylenol PM, Unisom.

Smoking cessation: Nicoderm, Nicorette.

^{*} May be covered under Medicare Part B

^{**} May be covered under Medicare Part D